### Mission Statement

- Provide greater understanding of Asperger Syndrome and its affect on daily life.
- Assist individuals with Asperger Syndrome in the development of coping skills through the sharing of experiences.
- Provide opportunities for personal growth.
- Assist with skill development with the aim of supporting independent living.
- Share ideas in a caring, confidential environment
- Support grassroots initiatives that aim to increase successful community living of adults with Asperger Syndrome

### We're Here to Help

Asperger Manitoba Inc. (AMI) grew out of a support group for parents of adults with Asperger Syndrome who recognized the need for increased awareness, understanding, and ongoing supports, specific to the needs of adults with Asperger Syndrome living and working within the community. AMI has grown to include support groups for parents of children with Asperger Syndrome, a social group for adults with Asperger Syndrome and this Peer Support Group for Adults Living with Asperger Syndrome.

#### **Contact Information:**

#### Asperger Manitoba Inc.:

Phone: 204-947-9449

Email: info@asperger-manitoba.ca Visit: www.asperger-manitoba.ca

#### Peer Support Group:

Email: peersupport@asperger-manitoba.ca

The Peer Support Group for Adults Living with Asperger Syndrome operates with funding from AMI, a not-for-profit corporation established in the province of Manitoba. AMI has registered charity status under subsection 188 (1.3) of the Government of Canada Income Tax Act and is identified for charitable tax purposes under the registration number 84841-7341-RR0001





Sharing Our Struggles... Discovering Our Connections

Peer Support Group for Adults Living with Asperger Syndrome

## What is Asperger Syndrome?

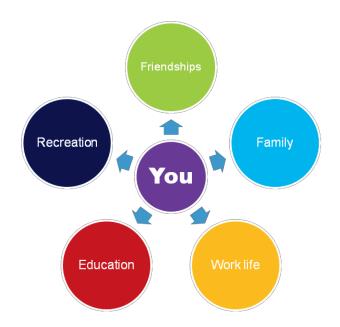


- Is a neurodevelopmental disorder that shares many of the same characteristics as autism.
- Affects approximately 1 in 300 people.
- Is characterized by an average to above average intelligence.
- Can result in increased concentration on favoured tasks, greater memory recall, and in some cases, the ability to grasp difficult concepts easily.
- Is characterized by poor social skills, difficulty multi-tasking, sensory sensitivities and difficulty mastering the skills of day to day living.

# How does it impact your life?

Asperger Syndrome can affect all aspects of daily life, sometimes leading to a sense of isolation and an inability to know how to enter into and maintain healthy relationships with friends, family and colleagues.

Asperger Syndrome is sometimes described as a learning impairment where affected individuals have great difficulty understanding the world of non-verbal communication.



## Who can join our group?

Our meetings are open to anyone over 18 years of age, with a diagnosis of Asperger Syndrome.

### When and where do we meet?

Monthly meetings are held at:

SMD 825 Sherbrook Street Room GORD Winnipeg, MB